



Painting on the Heart Side of the Brain

with Susanne Andersen Szipp www.artisessential.com

Paint Type:

For this class- Acrylics

Best Brand: Golden Fluid

Other brands can be used as well- quality may not be as good. Look for “Student Quality” or better. Avoid “Basic Brand”.

Brush Type:

Soft Synthetic Saber (The hair of the brush is called “Saber”)

Look for inexpensive brands that feel good in your hand.

“Soft Grip” are nice. Unfortunately, brush sizes are not

Universal, so buy different sizes as you like, but do

Get at least:

- 1 round brush (thin is good for details-size 1)
- 1 Filbert (medium size, app 1cm wide or ½”)
- 1 Flat (same or larger)

Basic colors to buy:

- Primary Blue
- Primary Yellow
- Quinacridone Magenta
- Carbon Black
- Titanium White

Add on as desired:

- Teal (Turquoise)
- Orange
- Grey
- Deep Violet
- Green Gold
- Phthalo Green

PS. Least expensive solution –but not the most satisfying- may be to use house paints. In the US, hardware stores will mix custom colors in small cans.